

Welcome to your **ilmburst** Resource

Jazak Allah Khayr for downloading this resource. We pray you find it beneficial and may it be a means of bringing our children closer to our beloved religion. Ameen.

Copyright

Please use this resource in accordance with the terms and conditions of your subscription.
All copyright is reserved for ilmburst Ltd.

Getting Started:

Use as a visual resource to learn about different memory foods.
Some foods are known to be good for improving memory. Children can read the sheet aloud and be encouraged to eat these foods.

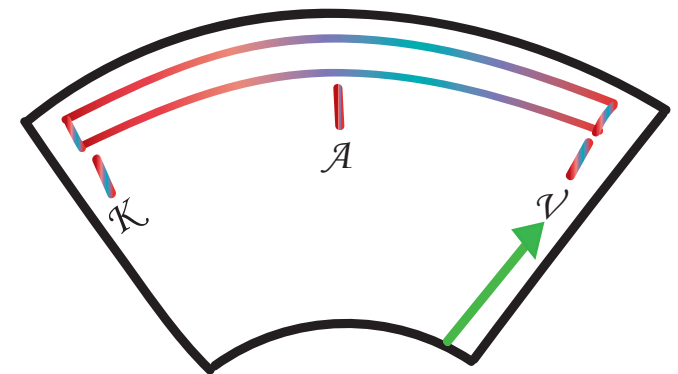
Alternatively, some of the foods can be arranged on a table and children can be blindfolded and feel/taste the food and guess what it is.

Give clues to the children for each food and children to solve the riddle. E.g.
This food is a vegetable
This food is green etc.

Enjoy your Resource!



Will appeal to the following learner:



Learning Styles

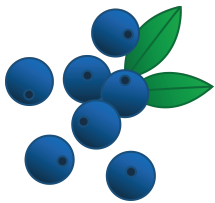
K - Kinaesthetic
A - Auditory
V - Visual

Memory Foods



HONEY

GINGER



BLUEBERRIES

WALNUTS



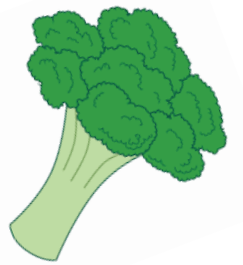
SALMON

AVOCADO



WHOLE GRAINS

BROCCOLI



DARK CHOCOLATE